

WASH and Nutrition Workshops in Sonbhadra



Students of a primary government school in Gidhiya Village practising the steps they learnt for hand washing

As part of the Integrated Village Development project, HRIDAY, supported by LIC Housing Finance Limited, Development Alternatives conducted WASH (Water, Sanitation, and Hygiene) workshops in five government schools from May 8th to May 13th, 2024. A total of 278 students attended these workshops across five villages: Chanchi Khurd, Gidhiya, Dumar, Nighai, and Kota.

These workshops aimed to instill essential practices for clean water, proper sanitation, and personal hygiene, fostering a healthier community. They included interactive sessions and engaging activities to emphasise the importance of these crucial aspects. Students and teachers enthusiastically participated, learning and collaborating to promote health and wellness. The key highlights of these workshops included:

- Understanding the critical role of clean water in preventing waterborne diseases and maintaining overall health.
- Educating on the connection between sanitation practices and health, and how proper sanitation can prevent various illnesses.
- Demonstrating effective handwashing techniques to reduce the spread of infections and promote personal hygiene.
- Focusing on nutrition in regular meals to motivate children to maintain a balanced diet.



Students washing hands at a handwashing facility constructed in the first phase of the HRIDAY project through DA's intervention



Students in primary school in Doomar Village are participating in the WASH and Nutrition workshop

These workshops were not only educational but also fun, making learning an enjoyable experience for everyone involved. By equipping young students with the knowledge and practices necessary for maintaining hygiene and sanitation, we aimed to create a ripple effect that would benefit the entire community.