

## Job Readiness Programmes Empower Women in Haryana



DA's trainer, Kamal Pokhriyal, during the session at Govt. ITI-Women, Sonipat

**D**evelopment Alternatives (DA) organised three five-day training programs on job-readiness and life skills in Sonipat, spanning from February 5th to 23rd, 2024. A total of 256 women in their final year participated in these programs.

The objective was to enhance the skills of young women, addressing the gap between their skill sets and the evolving demands of the job market.

The training covered modules on self-understanding, self-introduction, self-awareness, self-confidence, goal setting, communication skills, active listening, assertive communication, stress management, healthy relationships, teamwork, problem-solving, decision-making, resume creation, interview preparation, and job search skills.

These initiatives are integral components of the broader Prabhat-Skills to Livelihood Programme, spearheaded by DA in Sonipat, Haryana. The program prioritises both equipping and enhancing the skills of local youth, with a specific focus on empowering women.

The overarching goal is to meet the urgent need for skill development in the region, creating ample opportunities for personal and professional growth among its diverse participants.

To expand the program's reach, DA has signed Memorandums of Understanding (MOUs) with Hindu College of Girls and GVM Institute of Management and Technology respectively. They are also forging similar partnerships with additional colleges in the area, aiming for a substantial community impact.

The recent training involved students from Tau Devi Lal Girls College, Government ITI-Women, and GVM Institute of Management and Technology in Sonipat.

Recognising the importance of accessibility and diversified learning, the program has developed an advanced job readiness and soft skills course adaptable across various educational institutions. This ensures seamless access to training opportunities for students in different Sonipat colleges, maximising the program's reach and impact on a broader range of aspiring individuals.

In-placement assistance will follow the training. As part of the livelihood program, DA will facilitate in-campus placement drives, provide career counseling, and connect budding professionals with various livelihood opportunities.

The Prabhat-Skills to Livelihood Programme's holistic approach reflects a commitment to empowering young people and fostering a more inclusive and economically empowered community in Sonipat.



Soft Skills Session at GVM Institute of Management and Technology, Sonipat



Interactive Session with students at the GVM Institute of Management and Technology, Sonipat