



Ms. Rekha Wadhva: Being wise with waste

Ms. Rekha Wadhva, a resident of E-block Saraswati Vihar, Pitampura (Delhi) is a home maker with a passion for gardening. She has a beautiful terrace garden that speaks of her interest in gardening. “We planned a terrace garden when we were building our house. And today, we are growing fruits and vegetables for our family. It’s been two years that she is grafting in her own house and experimenting to create new varieties of flowers and plants. People are usually amused and keen on walking through her kitchen garden. When the Development Alternatives’ team shared the concept of kitchen waste recycling with the various households in Saraswati Vihar, she was first amongst the 40 households to grab the opportunity to get trained to convert kitchen waste into compost through waste care composters and installed the composter at her home. She shares “The cost of compost that I buy from the market is quite high and moreover it has chemical fertilisers in it. But after getting the composter installed at home, it serves multiple purposes. The waste produced at our home is converted into compost and also reduces the waste management problem faced by various households. “

All the cooked and uncooked food waste including dairy products, vegetables and fruit peels, leftover food and garden trimmings get converted into nutritious compost. What makes this a smooth process is that it’s absolutely easy to maintain the composter, as it is light, pest-free, noiseless, and rat proof. The compost from wet waste will be ready within two months at an initial phase, and will be used for gardening.

Mrs. Wadhwa further adds, “I would like to express my gratitude to Development Alternatives for initiating this pilot with our RWA and for promoting green practices by kitchen waste recycling. I will also motivate more residents of our society to start gardening and reuse waste as productive resource.”